

An epidemiologic study of animal bites in North Khorasan Province, Iran, from 2005 to 2011

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Abstract

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Background: Animal bite is an important and preventable health hazard. This study aimed to determine the epidemiology of animal bites in North Khorasan Province in Iran.

Materials and Methods: Data gathered from health centers from March 2005 until December 2011 were used for this cross-sectional descriptive study of animal bites.

Results: A total of 18,517 animal bite cases were reported during the study period. The victims were predominantly male (66%). The most affected persons were residents in rural areas (80.7%). Most victims had been bitten by dogs (90.5%). The number of patients with incomplete vaccinations was 16,232 (88.1%) compared to 2,185 (11.9%) completely vaccinated patients. The highest rate of animal bite cases was reported from Bojnurd County, Iran. The incidence of animal bites in North Khorasan increased from 255.05 per 100,000 in 2005 to 365.18 per 100,000 in 2011.

Conclusions: Since the incidence of animal bites has increased in recent years, the dog population should be controlled and domesticated animals should be vaccinated. Education about animal bite prevention is an important strategy for preventing this problem and, consequently, rabies.

Keywords: Bites, Epidemiology, Incidence, Vaccination, Rabies.

Introduction

Rabies is an acute, progressive, and fatal zoonotic disease. Human rabies is associated with the rise of civilization, the growth of cities, and domestication of animals, especially dogs (1). Rabies is a major public health concern in some countries including Iran. The highest incidence of human rabies cases in Iran was reported during 1995-1999 in Chaharmahal and Bakhtiari and Fars Provinces (2). The collection and analysis of data about animal bites, can help to control and prevent this disease.

Animal bite is defined as a bite or claw wound from a pet, or farm or wild animal (3). Animal bites were reported throughout the year with the highest bite incidence occurring during the

spring. In different human groups, children (aged 5–9 years) are the most frequent victims of animal bites, and men are 1.15 times more likely to report dog bites compared to women (4). A survey conducted during 2001–2003 in the USA estimated 4.5 million dog bites each year (an incidence rate of 1,660/100,000 in adults and 1,310/100,000 in children) (5). The annual incidence of animal bite in Iran is estimated as 140 cases per 100,000 population (6), and has been increasing in recent years (7). Almost 94% of animal bite cases are inflicted by domestic

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animals such as dogs and cats, and wild and stray animals, such as wolves, jackals, and foxes, constitute 16% of cases (8).

Moreover, death rate due to dog bites in Australia, United States, and Canada are 0.004, 0.05-0.07, and 0.007 per 100,000, respectively (9).

Rabies is a fatal disease that is considered a reemerging zoonosis throughout much of the world. Rabies satisfies all the World Health Organization (WHO) criteria for diseases that are a priority for control. In addition, safe and effective animal and human vaccines are widely available for its prevention and control. Pre-exposure treatment (PET) in animals and humans is an effective way of decreasing the costs of rabies. PET for humans is an effective, but costly way to prevent clinical problems with rabies, but does not provide a permanent solution to rabies in the future. The cost of PET in Asia was US \$ 49.41 per patient and in Africa was US \$ 39.5721 per patient, in 2011 (10).

Epidemiological studies have confirmed that the majority of injured patients resided in rural areas. The first step in preventing diseases related to animal bites, such as rabies, is to identify the associated risk factor.

The aims of this study were to determine the incidence of animal bites as well as the characteristics of the bitten persons and biting animals, and wound in North Khorasan Province of Iran.

Materials and Methods

In this cross-sectional descriptive study, data were obtained from patients who suffered from animal bites and referred to health centers located in North Khorasan Province from March 2005 to December 2011.

By law, all bite victims should be referred to health centers for treatment, and all animal bite cases are emergency cases. Thus, data

(characteristics of the bitten persons and biting animals, and month of biting) were obtained from the data bank of all health centers in the city and rural areas covered by the North Khorasan Universities of Medical Sciences, Iran. The obtained data were recorded in a checklist. The results were entered into Microsoft Excel 2010 with pull down notes and analyzed using SPSS statistical software package (version 18, SPSS Inc., Chicago, IL, USA).

Results

During the study period (2005-2011), 18, 517 (66% males and 34% females) individuals had been treated for animal bites (Figure 1). The incidence of animal bite in North Khorasan Province was estimated as 255, 258, 302, 321, 330, 359, and 365 per 100,000 in 2005, 2006, 2007, 2008, 2009, 2010, and 2011, respectively. The animals were dogs in 16,670 (90.5%), goats in 799 (4.34%), cats in 697 (3.78%), wild goats in 146 (0.8%), wolves in 48 (0.26%), jackals in 29 (0.16%), and foxes in 28 (0.15%) cases (Figure 2). The animals were domestic in 84.8% of cases, wild in 1.4%, and stray animals in 13.8% of cases. Of the injured patients, 14,950 (80.7%) were living in rural and 3,567 (19.3%) in urban areas.

The highest rate of human bite cases were reported in Bojnurd, Iran (Figure 3). The number of individuals who were bitten by animals during the study period in different districts of North Khorasan Province is presented in Figure 3. Up to 16,232 patients were treated by non-completed vaccination (88.1%), and 2,185 (11.9%) with completed vaccination. The peak incidence of animal bite cases was reported in June. The monthly distribution of animal bite cases (average animal bites per month per year) is shown in figure 4. The incidence of animal bite increased during the study period from 255 per 100,000 in 2005 to 365 per 100,000 in 2011.

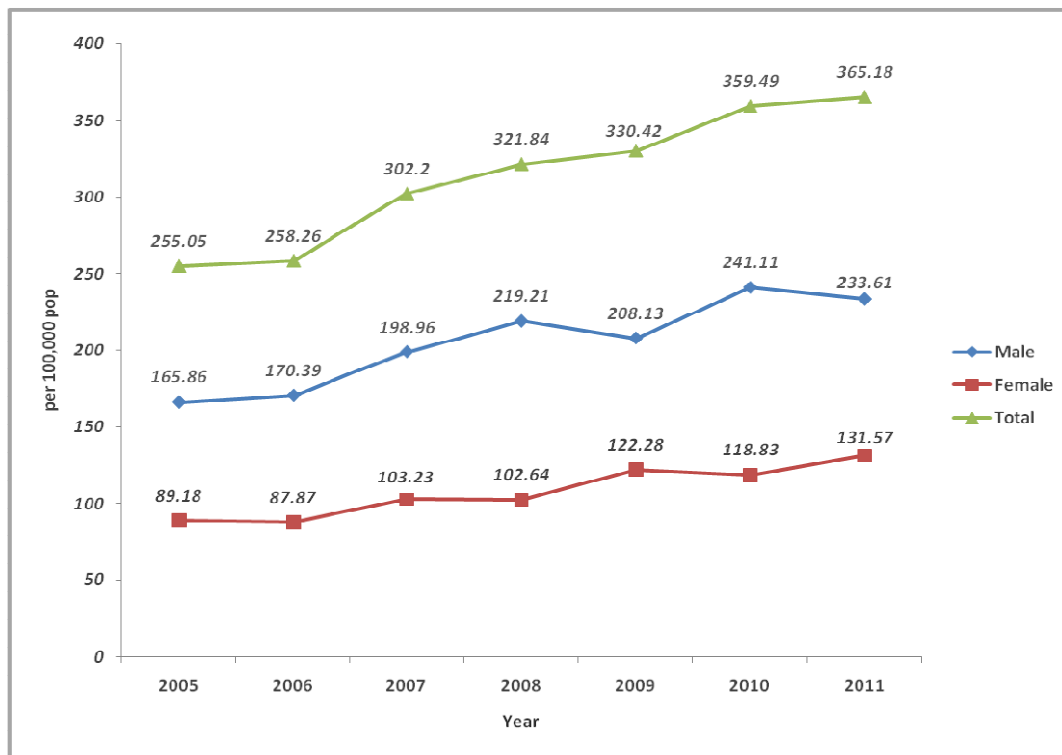


Figure 1: Distribution of the rate of animal bites detected in North Khorasan Province, Iran, from March 2005 to December 2011 according to sex and total rate per 100,000 population

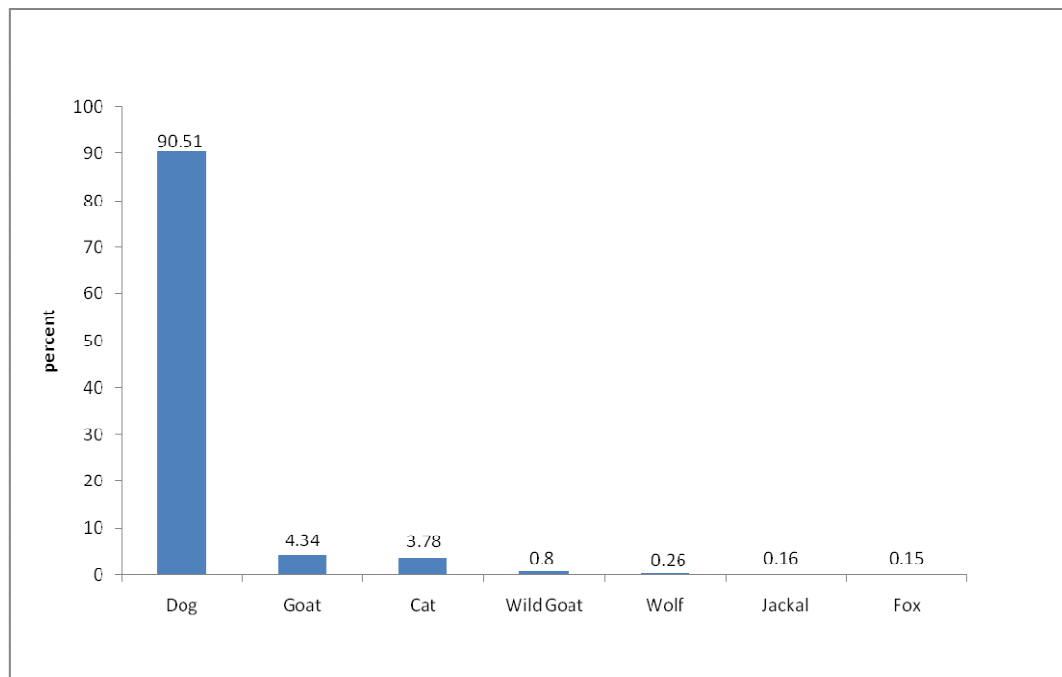


Figure 2: Distribution of animal bites detected in North Khorasan Province, Iran, from March 2005 to December 2011 according to animal species

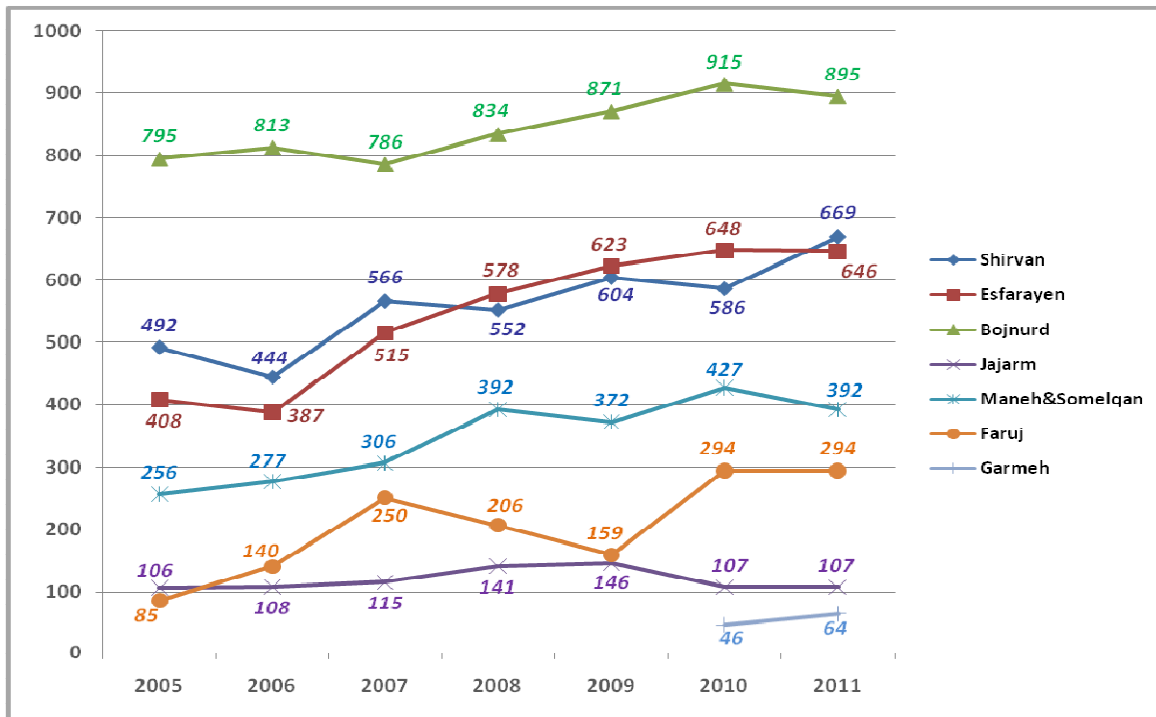


Figure 3: Distribution of animal bites detected in North Khorasan Province, Iran, from March 2005 to December 2011 according to different districts of North Khorasan Province



Figure 4: Distribution of animal bites detected in North Khorasan Province, Iran, from March 2005 to December 2011 according to average monthly number of animal bite cases per year

Discussion

The incidence of animal bite in North Khorasan Province increased during the study period from 255 per 100,000 in 2005 to 365 per 100,000 in 2011. The incidence of animal bite in different parts of Iran has also increased from 35.1 per 100,000 in 1987 to 151 per 100,000 in 2001 (11).

A study in Ilam Province also showed that the incidence of animal bites in Ilam increased from 34 per 100,000 in 1999 to 98 per 100,000 in 2008 (8). Another report from Rafsanjan, Southeast of Iran, has indicated that the rate of animal bites increased from 180 per 100,000 in 2003 to 214 per 100,000 in 2004 (12). The causes of this rise are not known. It might be the result of increased number of health centers and more coverage of population, and therefore, access to public health services for a greater number of patients. It may also be related to the number of stray dogs (4, 13).

Of all the animal bite cases reported during a 7-year period, 80.7% were living in rural and 19.3% in urban areas. This observation was similar to that of a study performed in Birjand, Iran, in which 64.2% were living in rural areas and 35.8% were urban residents (14). In a study performed in India it has been shown that the incidence of animal bites in rural areas is higher than urban areas (15).

Among the study population, 12,071 (66%) were male and 6,346 (34%) were female, which is similar to previous studies on this topic. In a study performed between 1998 and 2008 in Ilam, 3,032 (68.3%) of those who were bitten by animals were male and 1,398 (31.7%) were female (8). In the surveys performed in Tehran and Kerman Provinces, and cities of Birjand and Rafsanjan, the majority of bitten individuals were male (3, 12, 14, 16). In a study in Bali, there were 104 human rabies cases from 2008 to 2010, most were male (56.7%) and from rural districts, and almost all (92%) cases had a history of dog bite (17). It seems that the main

cause of higher rates of bites in men than women is that men are more exposed to animals in their daily life, especially in rural areas. However, in a survey performed in USA, most animal bite cases were female (18). This issue may be resulted from the different cultural behaviors in that country. In Iran, people do not keep animals in their houses, but this is common in other countries such as USA.

In the present study, dog bite was the most common cause of injuries in victims. A survey performed in Rafsanjan showed that the most frequent bites were from dogs (74%), cats (23%), and other animals (3%) (monkeys, rats, foxes, donkeys, and etc.) (12). In another study performed in Ilam Province, it has been shown that dog bites were more common [3,942 (89.2%)], followed by cats (5%), wolves (0.7%), jackals (0.6%), foxes (0.3%), and other animals (4.2%) (8). In the present study, most patients were bitten by domestic animals. Similarly, the result of a study in Rafsanjan, Southeast of Iran, showed that the victims were bitten by domestic animals in 77.8% of cases, stray in 20%, and wild animals in 3% of cases (12). In another study performed in Japan, most victims were injured by stray or domestic dogs (19).

In the current study, the number of patients incompletely and completely vaccinated was 16,232 (88.1%) and 2,185 (11.9%), respectively (14). In comparison, in a survey performed in Birjand, 81.9% of cases had received incomplete vaccination while 18.1% had received complete vaccination. In a survey in Kerman, Iran, on patients bitten from 1994 to 2003, incomplete and complete rabies vaccination was performed in 79.36% and 20.64% of cases, respectively (16). The high level of incomplete vaccination in victims might be due to treatment protocol of animal bites.

This study had some limitations, such as the lack of organized data between 2011- 2015. Hence, we decided to report all organized data in this paper. Another limitation in this article was the

lack of records about the site of the animal bite in the study population. Therefore, it is suggested that this issue be considered in future studies.

Conclusion

According to the results of this survey, 84.8% of all victims were bitten by domestic animals; therefore the vaccination of domestic animals should be considered as an important policy in health care system.

In conclusion, the findings of this study showed that animal bites remain a very important problem in North Khorasan Province. Hence, in order to decrease the rate of this health problem and consequently rabies and other related diseases, the eradication of stray dogs, vaccination of domestic animals, and educational programs should be organized by health authorities.

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Conflict of interest: None declared

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